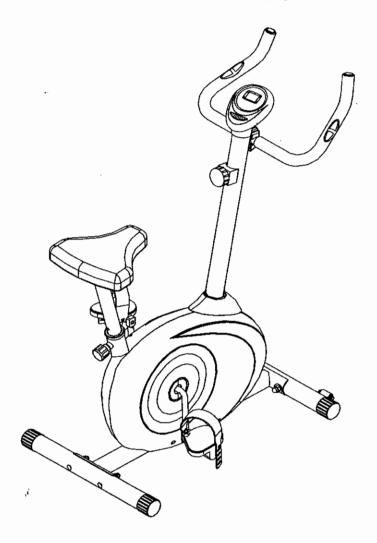


# **Magnetic Bike**

84-0199-8

## Owner's Manual



## Questions?

If you have a question or if there are missing parts, please call:

1-366-840-3596

Monday-Saturday 7:00am-8:00 p.m. EST

Model #: 7576BK-5

Product #: 84-0199-8

Serial #: \_\_\_ 48527\_ Purchase Date:

> Finding your serial

number:



Serial Number

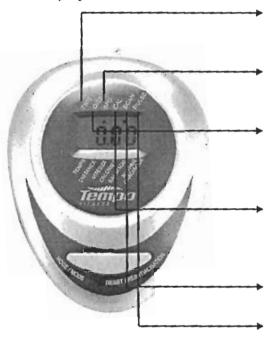
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#### Monitor Operations Instruction:

#### **REVEAL RULE:**

TIME	00:00~59.59MIN
SPEED	0.00~99.9 KM/H(KM/H)
DISTANCE	00.00~99.99 KM (KM)
CALORIE	0.00~9999KCAL
PULSE40~220 BPM	

#### Display Functions:



- TIME: Press the MODE key until pointer locks on to TIME. The total working time will be shown when beginning to exercise, up to 59:59.
- SPEED: Press the MODE key until pointer locks on to SPEED.
   This will display current speed during workout, up to 99.9km/h (ml/h).
- DISTANCE: Press the MODE key until pointer locks on to DISTANCE. The distance of each workout will be displayed when beginning to exercise, up to 99.99km (ml).
- CALORIE: Press the MODE key until pointer locks on to CALORIE
   The calories burned will be displayed when beginning to exercise, up to 9999kcal.
- 5.SCAN: Automatically scan through all functions every 4 seconds.
- 6. PULSE: Display current heart rate (beat per minute) from 40 to 220.

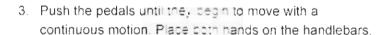
#### NOTE:

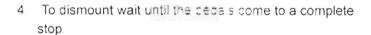
- 1. Without any signal coming in 4-5 minutes, the LCD display will be shut off automatically.
- 2. When there is signal input, the monitor automatically turns on.
- 3. If the display is not showing up correctly, please replace the batteries. If the problem continues, please call 1-866-840-3596.
- 4. Computer operated by 2 x AA batteries (included)

### **HOW TO USE**

How to get on and office Magnetic Bike

- Make sure the bive is stable before using. Fix
  the seat at a proper height by adjusting the spring bolt
- 2. Sit down on the seat and place your feet on the left & right page s







### MAINTENANCE AND TROUBLESHOOTING

- Check and make sure that all the parts are correctly tightened before using.
- To ensure the level of safety, the equipment must be regularly checked. It is vital that any faulty parts are replaced and make sure it is not used until completely repaired. It is important to grease moving parts frequently
- Clean sweat and do not leave it to contact with the enameled or chromed parts of the
  equipment, particularly the computer Immediately wipe the equipment after training. The
  enameled parts can be cleaned using a damp sponge. All aggressive or corrosive products
  should not be used to clean the equipment.
  - Do not put your equipment in wet area to avoid any rustiness of the parts.
- If the Monitor does not display, check the batteries, if weak or dead, replace them
- If resistance levels are not adjustable securely plug tension control cable into the extension tension control cable
- If the pulse does not display, check the pulse wires are connected well, monitor are working properly. Replace them if necessary
- Only manufacturer-supplied components shall be used to maintain/repair the equipment.
- **Storage:** When storing the Magnetic bike, remove the batteries from the computer and keep bike in a clean, dry location away from moisture and dust.

# PRODUCT DIACRAM

